



Exploring Faith at OLOL



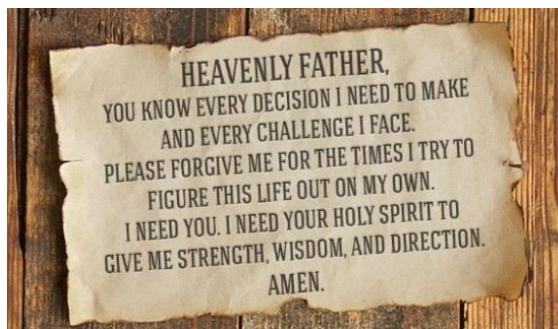
There are lots of opportunities to pray, to share, to explore your faith.

All are invited



Friends and Faith

A group for women to pray and share together. Followed by coffee and a natter. Meets the last Thursday of each month 8pm.



Quiet times

A half hour of prayer and stillness during Advent and Lent in the Blessed Sacrament Chapel, Tuesdays 7.30 - 8pm. A chance to pause at these special times.



Alpha

A series of sessions exploring different questions about faith.

In each session we share a meal, watch a short film and discuss our thoughts and experiences.

New course will start in 2019.

Dates TBC. If interested, please let the office know.



Guided meditations

TakeTime meditations use your imagination and the stories of Jesus to provide a calm, comfortable space in which to meet God.

In the Oratory 3rd Thursday of each month 8pm.

New group starting January 17th. Open to all.



Eucharistic Adoration

New for 2019
Times TBC

Blessed Sacrament Chapel

For more information:

olchurch.org.uk or 020 8398 2191